

With your choice of chips or whole fruit as a side

SANDWICHES

TURKEY BACON RANCH

Turkey, swiss, bacon, tomatoes, romaine + light ranch dressing on ciabatta.

QUESADILLAS

SANTA FE CHICKEN

Black beans, roasted red pepper + onion, queso blanco, Cheddar, a smoked cheese blend + roasted tomato salsa

THREE CHEESE CHICKEN

Queso blanco, Cheddar + a smoked cheese blend with a side of roasted tomato salsa

FLAT BREADS

CHICKEN BACON RANCH

Grilled chicken, bacon, tomatoes, romaine, cheddar + light ranch.

CHICKEN PESTO

Grilled chicken, tomatoes, shredded parmesan, mozzarella + pesto

CHIPOTLE CHICKEN CLUB

Grilled chicken, bacon, tomatoes, romaine, pepper jack + chipotle mayo.

SALADS

THAI CHICKEN SALAD

Grilled chicken, carrots, sesame seeds, cilantro, scallions & wontons on a bed of romaine & served with Thai peanut dressing.

SUPERGREEN CAESAR SALAD

Grilled chicken, shredded parmesan, tomatoes, & parmesan crisps on a bed of romaine and spinach & served with caesar dressing.

WRAPS

BAJA CHICKEN

Grilled chicken, rice, black beans, avocado, romaine, pickled red onion, cheddar + smashed roasted tomato salsa.

BUFFALO CHICKEN

Tomatoes, romaine, mozzarella, buffalo sauce + light ranch

CARIBBEAN JERK CHICKEN

Grilled chicken, rice, black beans, cheddar, romaine, roasted pineapple salsa+ jerk sauce

WRAPS

HUMMUS VEGGIE

Hummus, smashed avocado, Pepper Jack, romaine, rice, black beans, pickled red onions, tomatoes + lite ranch.

THAI CHICKEN

Grilled chicken, carrots, wontons, cilantro, scallions, romaine + Thai peanut sauce.

SUPERGREEN CAESAR CHICKEN

Grilled chicken, romaine, spinach, shredded, parmesan, tomatoes, parmesan crisps + caesar.

Order ahead or order when you're hungry. Either way, we've got you covered.

**To place an order, email dunwoodycoffeebar@meetatroam.com
or visit us at the Coffee Bar.**

*Please expect a 30-minute delivery once order has been placed.
Please note all Tropical Smoothie orders are subject to a service fee.*

SMOOTHIES

SUNRISE SUNSET

Strawberries, pineapples, mangos + orange juice

MANGO MAGIC

Mangos, pineapples + non-fat yogurt

JETTY PUNCH

Strawberries + bananas

BAHAMA MAMA

Strawberries, pineapples, white chocolate + coconut

PEANUT BUTTER CUP

Peanut butter, bananas + chocolate

SUPERFOOD SMOOTHIES

AVOCOLADA

Avocado, pineapple, spinach, kale, coconut + lime

ISLAND GREEN

Spinach, kale, mango, pineapple + banana

TRIPLE BERRY OAT

Strawberries, blueberries, cranberry, multi-vitamin, ground flax seed, whole grain oats, whey protein + Splenda

PEANUT PARADISE

Peanut butter, banana, non-fat yogurt + choice of protein

CHIA BANANA BOOST

Roasted bananas, chia seeds, almonds, whole grain oats, cinnamon, dates + coconut with choice of peanut butter or strawberries

ALL DAY BREAKFAST

ALL AMERICAN WRAP

Eggs, ham, Cheddar + Mozzarella

SOUTHWEST WRAP

Eggs, grilled chicken, Pepper Jack cheese, tomatoes, spinach + chipotle mayo

PEANUT BUTTER BANANA CRUNCH FLATBREAD

Peanut butter, banana, granola + honey

FRESH ADD-INS

spinach + kale super pack

ginger

peanut butter

almonds

whole grain oats

group flax seed

chia seeds

SUPPLEMENTS

vitamin-c immune complex

energizer

fat burner

multi-vitamin

probiotic

vitamin-b12

whey protein

soy protein

pea protein