



LOCAL + SEASONAL

## HOT LUNCH

Choose one entrée, two sides + one dessert

*Served family style*

### CLASSIC ENTRÉES

Tuscan roasted chicken **\$24pp**

Herb-roasted or blackened tilapia **\$22pp**

Herb-roasted or blackened salmon **\$27pp**

### SEASONAL ENTRÉE

Bowtie Pasta with Goat Cheese, Lemon + Spring Veggies. Served with Mixed Green Salad, Garlic Bread + Dessert. **\$25.50pp**

### SIDES

Basmati rice

Garlic roasted potatoes

Mac 'n' cheese

Mixed greens salad

Roasted seasonal veggies

Roasted asparagus with parmesan

### DESSERT

Blondies

Brownies

Chocolate chip cookies with sea salt

Lemon lavender shortbread cookies

Banana orange cupcakes with cream cheese frosting

Peanut butter + raspberry jelly bars

Lemon bars

Raspberry crumble

*Gluten free bread or brownie available for an additional \$1*

## SALADS

*Served individually boxed*

*Served with a roll + dessert. Minimum of 5 salads per selection.*

**CHICKEN SALAD \$23/pp DF, GF**

A scoop served over mixed greens.

**SPRING SALAD \$23/pp GF V**

Roasted asparagus, green peas, sliced avocado, toasted almonds, granny smith apple + quinoa over bed of mixed greens.

**TURKEY COBB \$23/pp GF**

Spring mix, tomato, blue cheese, crumbled bacon, diced cucumber + boiled egg.

Served with buttermilk herb dressing.

**ROASTED CHICKEN \$23/pp GF**

Spring mix, fresh berries, toasted almonds + crumbled goat cheese. Served with orange maple vinaigrette.

**CHOPPED SOUTHWEST SALAD \$23/pp GF, V**

Black beans, quinoa, corn, roasted red pepper + avocado with cilantro vinaigrette.

*Add salmon (\$8/pp) or chicken (\$6/pp) to any salad.*

## SANDWICHES

*Served family style*

**SEASONAL SANDWICH PLATTER \$25/pp**

Roasted turkey with Havarti + chipotle aioli

Eggplant, red pepper + red onion with goat cheese on ciabatta

Tuna salad with arugula on croissant

### RECOMMENDED SPRING MENU

**\$27pp**

Pesto marinated + roasted chicken thighs

Lemon orzo with spring veggies

Mixed green salad

Raspberry crumble bars

DF - dairy free

GF - gluten free

VG - vegetarian

V - vegan

ROAM FAVORITES

*Delivery minimum \$200*

*Subject to delivery fee*