

THE FLYING BISCUIT

lunch menu

\$25 delivery fee

STARTERS

NOT YOUR MAMA'S PIMIENTO CHEESE

A fresh spin on a Southern classic with fresh basil, diced tomatoes, feta cheese + Serrano peppers served with grilled pita bread.

\$7.50

SIDE OF LOVE

Two black bean cakes topped with tomatillo salsa, sour cream, feta cheese + red onions.

\$7.50

"STOUP" OF THE DAY

A cup or bowl with a biscuit.

\$3.50 / CUP
\$7.50 / BOWL

FEATURED FAVORITES

BISCUIT CHICKEN POT PIE

Creamed chicken, carrots, celery, onions, potatoes + peas. A modern twist on a Southern classic.

\$12 / PERSON

COCA-COLA BBQ GLAZED SALMON

Pan-sautéed salmon lightly glazed + cooked to medium. served with garlic mashed potatoes + sautéed green beans.

\$18 / PERSON

TURKEY POT ROAST

Slow-roasted + hand pulled with brown gravy served over mashed potatoes with green beans.

\$14 / PERSON

OVEN FRIED CHICKEN

Herb-crusting chicken breast, grilled macaroni + cheese + spicy collard greens.

\$15 / PERSON

TURKEY MEATLOAF

Thick-sliced + grilled, topped with melted cheddar cheese + rustic roasted red pepper + tomato sauce served with sautéed green beans + garlic mashed potatoes.

\$14 / PERSON

LOVE CAKES

Three black bean + cornmeal cakes topped with tomatillo salsa, sour cream, feta cheese + red onion spears.

\$11 / PERSON



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SIGNATURE SALADS

VERY BERRY CHICKEN SALAD

A bed of organic field greens topped with grilled chicken, fresh strawberries, candied walnuts, dried cranberries, feta cheese + tossed in raspberry vinaigrette dressing.

\$12 / PERSON

WARM CHICKEN SALAD

Grilled chicken breast, oven-roasted "moon dusted" potatoes + crumbled bleu cheese on a bed of organic field greens with balsamic vinaigrette.

\$12 / PERSON

COCA-COLA BBQ GLAZED SALMON SALAD

Pan-sautéed salmon filet cooked to medium, oven-roasted "moon dusted" potatoes, red onions + feta cheese on a bed of organic field greens tossed with balsamic vinaigrette.

\$18 / PERSON

SANDWICHES

Served on whole wheat bun with choice of one side.

HOMEMADE TURKEY MEATLOAF

Thick slice of turkey meatloaf topped with cheddar cheese, lettuce, tomato + signature homemade red pepper mustard.

\$12 / PERSON

3B (BACON, BASIL, BLEU CHEESE)

Bleu cheese, crispy turkey bacon + cheddar cheese on a grilled chicken breast with lettuce, tomato + tamari aioli.

\$12 / PERSON

BACON + CHEDDAR CHICKEN

Crisp turkey bacon + cheddar cheese on a grilled chicken roast with lettuce, tomato + chipotle mayo.

\$12 / PERSON

VEGAN BBQ BURRITO

BBQ tofu, collard greens + mushrooms folded in a sun-dried tomato tortilla topped with salsa verde.

\$12 / PERSON

COCA-COLA BBQ CHICKEN WRAP

BBQ Chicken, collard greens sweet onions, red + green peppers + cheddar cheese filed in a sun-dried tomato tortilla + topped with red salsa + sour cream.

\$12 / PERSON



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SANDWICHES

Served on whole wheat bun with choice of one side.

VERY BERRY CHICKEN WRAP

Grilled chicken, fresh strawberries, feta cheese, candied walnuts, dried cranberries + organic field greens tossed in raspberry vinaigrette + wrapped in a spinach tortilla.

\$12 / PERSON

CHICKEN CLUB WRAP

Grilled chicken breast, crisp turkey bacon, cheddar cheese, lettuce, tomato + chipotle aioli wrapped in a sun-dried tomato tortilla.

\$12 / PERSON

TURKEY BURGER

Seasoned grilled turkey burger topped with cheddar cheese, crisp turkey bacon, lettuce, tomato + roasted red pepper mustard.

\$12 / PERSON

VEGGIE DEVIL BURGER

Spicy and hot! Veggie + grain patty topped with feta cheese, red onions, smoky jalapeño sauce, lettuce + tomato.

\$12 / PERSON

SIDES

Grilled Macaroni + Cheese, Garlic + Basil Mashed Potatoes, Oven Roasted "Moon Dusted" Potatoes, Side Salad, Sautéed Green Beans

DESSERT

CHOCOLATE "BISCUIT" BREAD PUDDING

Served with vanilla cream sauce.

\$6 / PERSON

GEORGIA PEACHES-N-CREAM

Biscuit shortbread topped with brown sugar peaches, raspberry sauce + cream.

\$6 / PERSON

