**My *personal mission statement*:**

**My *core values*:**

|  |  |  |
| --- | --- | --- |
| **Goals: Next 6-12 months** | **Objectives:**  | **Actions to achieve:** |
| **My Age:**  | **Year 2017** |  |
| **Health** –  |  |  |
| **Family** –  |  |  |
| **Friends** –  |  |  |
| **Work** –  |  |  |
| **Community** – |  |  |
| **Spiritual** –  |  |  |
| **Goals: 1-5 years** | **Objectives:**  | **Actions to achieve:** |
| **My Age:**  | **Year 2018-2022** |  |
| **Health** –  |  |  |
| **Family** –  |  |  |
| **Friends** –  |  |  |
| **Work** –  |  |  |
| **Community** – |  |  |
| **Spiritual** –  |  |  |
| **Goals: 5-10 years** | **Objectives:**  | **Actions to achieve:** |
| **My Age:** | **Year 2022-2027** |  |
| **Health** –  |  |  |
| **Family** –  |  |  |
| **Friends** –  |  |  |
| **Work** –  |  |  |
| **Community** – |  |  |
| **Spiritual** –  |  |  |
| **Goals: 10-20 years** | **Objectives:**  | **Actions to achieve:**  |
| **My Age:** | **Year 2027-2037** |  |
| **Health** –  |  |  |
| **Family** –  |  |  |
| **Friends** –  |  |  |
| **Work** –  |  |  |
| **Community** – |  |  |
| **Spiritual** –  |  |  |